F3P AP Program (from 2009)

① Take-off Sequence

② ③ 1/4

1/4

④ 4/4

⑤ 1/4 1/4 1/4

⑥ ⑦

⑧

⑨

1/2 1/2 ⑩

⑪

⑫ 6/4

4ANN

⑬ Landing Sequence

2009 CIAM Plenary